

**Table 12.5: Presence and Severity of Pain in Knees or Hips During the Past Month (Percent)<sup>1,2</sup>**

Symptom	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>3</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Pain in knees or hips during the past month <sup>4</sup>	65.5	69.5	64.7	56.2	55.8	72.7	65.8
Severity of pain reported during activities: <sup>5</sup>							
Walking on a flat surface <sup>6</sup>							
Doesn't do	0.4	0.0	0.5	1.0	0.0	0.0	2.2
Mild pain (0-3)	20.1	19.5	20.9	19.6	18.9	22.5	15.9
Moderate pain (4-6)	22.3	24.0	22.0	18.1	21.8	24.5	17.2
Severe pain (7-10)	22.5	26.0	21.0	16.5	15.0	25.6	29.9
Going up or down stairs <sup>6</sup>							
Doesn't do	4.1	2.6	4.6	7.4	1.1	4.5	9.8
Mild pain (0-3)	16.5	16.2	16.2	18.5	15.7	17.9	14.5
Moderate pain (4-6)	17.4	16.9	20.1	11.6	19.1	18.5	10.7
Severe pain (7-10)	26.8	33.6	23.2	16.5	19.8	31.4	29.2
In bed at night <sup>6</sup>							
Mild pain (0-3)	33.8	31.5	36.5	33.1	29.7	38.3	29.7
Moderate pain (4-6)	16.2	17.6	15.3	14.7	13.6	17.9	17.1
Severe pain (7-10)	15.4	20.4	12.8	7.3	12.4	16.4	18.6
Sitting or lying down <sup>6</sup>							
Mild pain (0-3)	37.3	36.1	39.2	35.7	33.1	42.9	30.5
Moderate pain (4-6)	16.7	20.7	13.1	14.6	14.2	18.3	17.4
Severe pain (7-10)	11.3	12.4	12.4	5.1	8.1	11.4	17.8
Standing upright <sup>6</sup>							
Doesn't do	0.5	0.2	0.5	1.4	0.0	0.2	2.5
Mild pain (0-3)	27.0	26.5	28.6	24.3	25.7	29.3	23.6
Moderate pain (4-6)	18.7	18.8	18.9	17.7	14.4	23.6	13.7
Severe pain (7-10)	19.1	24.0	16.3	12.0	15.4	19.6	25.3

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 3% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> "Yes" response to at least one of the following questions: (1) Have you had (this/any) pain in your knees during the past month? and (2) Have you had (this/any) pain in your hips during the past month?

<sup>5</sup> Categories for each item may not add up to percent reporting pain due to (1) rounding (2) level of severity not reported.

<sup>6</sup> Respondents who reported pain in knees or hips during the past month were asked "Please rate the average pain in your (knees) (and) (hips) during the past month by giving me a number from 0 to 10, where 0 is no pain and 10 is severe or excruciating pain, as bad as you can imagine. How would you rate the pain when you are . . . ?"